People with diabetes want heart-healthy recipes, since heart disease strikes people with diabetes twice as often as the rest of the population. But they also want recipes that taste great. In Diabetes & Heart Healthy Meals for Two, the two largest health associations in America team up to provide recipes that are simple, flavorful, and perfect for people with diabetes who are worried about improving or maintaining their cardiovascular health. A follow-up to Diabetes & Heart Healthy Cookbook, this collaboration from the American Diabetes Association® and the American Heart Association focuses on meals with only two servings. Because so many adults with diabetes are older, two-serving meals are perfect for those without children in the house—or even those living alone who want to keep leftovers to a minimum.

Postgraduate Textbook of Pediatrics is a comprehensive guide to paediatrics. The textbook is comprised of three volumes, split into ten parts with over 600 chapters, and contributions from over 50 section editors and 725 authors, covering all paediatric disorders, descriptions of diseases and their management. Includes nearly 1500 images and illustrations in full colour, incorporating information on modern imaging techniques for neurological disorders in children. This is an ideal resource for postgraduate students to gain a firm grounding in, and retain and improve their knowledge of all areas of paediatric medicine.

Cardiac arrest can strike a seemingly healthy individual of any age, race, ethnicity, or gender at any time in any location, often without warning. Cardiac arrest is the third leading cause of death in the United States, following cancer and heart disease. Four out of five cardiac arrests occur in the home, and more than 90 percent of individuals with cardiac arrest die before reaching the hospital. First and foremost, cardiac arrest treatment is a community issue — local resources and personnel must provide appropriate, high-quality care to save the life of a community member. Time between onset of arrest and provision of care is fundamental, and shortening this time is one of the best ways to reduce the risk of death and disability from cardiac arrest. Specific actions can be implemented now to decrease this time, and recent advances in science could lead to new discoveries in the causes of, and treatments for, cardiac arrest. However, specific barriers must first be addressed. Strategies to Improve Cardiac Arrest Survival examines the complete system of response to cardiac arrest in the United States and identifies opportunities within existing and
new treatments, strategies, and research that promise to improve the survival and recovery of patients. The recommendations of Strategies to Improve Cardiac Arrest Survival provide high-priority actions to advance the field as a whole. This report will help citizens, government agencies, and private industry to improve health outcomes from sudden cardiac arrest across the United States.

Pediatric Resuscitation is reviewed in this issue of Pediatric Clinics of North America, guest edited by Drs. Steve Schexnayder and Arno Zaritsky. Authorities in the field have come together to pen articles on Background and Epidemiology; CPR - Why the New Emphasis?; Airway Management; Arrhythmias, Cardioversion, and Defibrillation; Vascular Access and Medications; Medical Emergency Teams; Teamwork in Resuscitation; Resuscitation Education; Outcome Following Cardiac Arrest; Extracorporeal Life Support during CPR; Post-resuscitation Care; and Future Directions.

Product 15-2811

Demonstrates CPR procedures for use in group training.

Awar ded second place in the 2017 AJN Book of the Year Awards in the Critical Care-Emergency Nursing category. Provide the best possible emergency cardiovascular care — using the newest ECC guidelines! ACLS Study Guide, 5th Edition offers a complete, full-color overview of advanced cardiovascular life support. An easy-to-read approach covers everything from airway management to cardiac arrest rhythms and their management, electrical therapy, acute coronary syndromes, and acute stroke. In addition to the latest ACLS treatment algorithms, this edition includes case studies and hundreds of full-color photos and illustrations. Case studies present common, realistic clinical situations, helping you learn and apply skills in cardiac rhythm interpretation, medication administration, and other essential interventions. ACLS Pearls boxes offer brief explanations of complex topics and useful tips for clinical practice. End-of-chapter quizzes include answers and rationales, helping you learn and remember the most important information. Easy-to-understand approach simplifies your study of advanced cardiac life support, thanks to Barbara Aehlert’s unique, conversational writing style. NEW! UPDATED content centers on evidence-based practice recommendations, including the 2015 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations. NEW! Improved format integrates all case studies into the appropriate chapters, so that you can apply concepts immediately to real-world situations.

A deeply-reported examination of why "doing what you love" is a recipe for exploitation, creating a new tyranny of work in which we cheerily acquiesce to doing jobs that take over our lives. You're told that if you "do what you love, you'll never work a day in your life." Whether it's working for "exposure" and "experience," or enduring poor treatment in the name of "being part of the family," all employees are pushed to make sacrifices for the privilege of being able to do what we love. In Work Won't Love You Back, Sarah Jaffe, a preeminent voice on labor, inequality, and social movements, examines this "labor of love" myth—the idea that certain work is not really work, and therefore should be done out of passion instead of pay. Told through the lives and experiences of workers in various industries—from the unpaid intern, to the overworked teacher, to the nonprofit worker and even the professional athlete—Jaffe reveals how all of us have been tricked into buying into a new tyranny of work. As Jaffe argues, understanding the trap of the labor of love will empower us to work less and demand what our work is worth. And once freed from those binds, we can finally figure out what actually gives us joy, pleasure, and satisfaction.

Healthcare decision makers in search of reliable information that compares health interventions increasingly turn to systematic reviews for the best summary of the evidence. Systematic reviews identify, select, assess, and synthesize the findings of similar but separate studies, and can help clarify what is known and not known about the potential benefits and harms of drugs, devices, and other healthcare services. Systematic reviews can be helpful for clinicians who want to integrate research findings into their daily practices, for patients to make well-informed choices about their own care, for professional medical societies and other organizations that develop clinical practice guidelines. Too often systematic reviews are of uncertain or poor quality. There are no universally accepted standards for developing systematic reviews.
leading to variability in how conflicts of interest and biases are handled, how evidence is appraised, and the overall scientific rigor of the process. In Finding What Works in Health Care the Institute of Medicine (IOM) recommends 21 standards for developing high-quality systematic reviews of comparative effectiveness research. The standards address the entire systematic review process from the initial steps of formulating the topic and building the review team to producing a detailed final report that synthesizes what the evidence shows and where knowledge gaps remain. Finding What Works in Health Care also proposes a framework for improving the quality of the science underpinning systematic reviews. This book will serve as a vital resource for both sponsors and producers of systematic reviews of comparative effectiveness research.

Pediatric Advanced Life Support Provider Manual provides the most recent AHA Guidelines needed by paramedics, EMTs, nurses, medical students, and physicians. This student manual for the classroom-based PALS course is an essential resource for training physicians, nurses, and emergency medical care providers in PALS. PALS Provider manual is based on the 2010-2014 American Heart Association Guidelines for CPR and emergency cardiac care.

Here’s all the information you need to respond to cardiac emergencies in one pocket-sized book! This quick-reference guide provides easy-to-access coverage of all three levels of care—infant, child, and adult—plus listings for all drugs required for ACLS and PALS in both adult and pediatric dosages.

Awarded second place in the 2014 AJN Book of the Year Awards in the Critical Care/Emergency Nursing category! The only pocket guide to cover CPR, ACLS, and PALS! Here’s all the information you need to respond to cardiac emergencies in one pocket-sized book! This quick-reference guide provides easy-to-access coverage of all three levels of care—infant, child, and adult—plus listings for all drugs required for ACLS and PALS in both adult and pediatric dosages. You’ll also find the latest in PALS concepts and protocols and the ACLS guidelines. Critical-thinking exercises and megacodes make it an ideal resource to help you prepare for certification and recertification exams. Waterproof, write-on/wipe off pages are HIPAA-compliant and great for on the go. “A awesome study tool for clinical practitioners and students! Lightweight and easy to carry in your pocket. Tabs for quick access to ECGs, emergency drugs, megacodes, etc. I carry this pocket guide with me to work daily. It has the latest ACLS, CPR, and PALS guidelines at your fingertips. A s an RN and nursing professor I have purchased many study guides but this is one of the best and I recommend it for my students.” - Charlene Phelps, M SN, M A, EdD, PCCN, RN

20-1106

The twelve essays in this collection cover such genres as underground fiction, novels and such male writers as George Meredith, Shakespeare, and Faulkner as well as such women writers as Jean Stafford, Toni Morrison, Joan Didion, and Alice Walker. No index. Twenty articles (in both English and French) presented at the eleventh annual Conference of the Canadian Research Institute for the Advancement of Women identify conditions which are beneficial or detrimental to a woman’s well-being and explore ways and means of advancing awareness of the issue. Paper edition (unseen), $17.95. Annotation copyrighted by Book News, Inc., Portland, OR

Colorectal Cancer Screening provides a complete overview of colorectal cancer screening, from epidemiology and molecular abnormalities, to the latest screening techniques such as stool DNA and FIT, Computerized Tomography (CT) Colonography, High Definition Colonoscopes and Narrow Band Imaging. As the text is devoted entirely to CRC screening, it features many facts, principles, guidelines and figures related to screening in an easy access format. This volume provides a complete guide to colorectal cancer screening which will be informative to the subspecialist as well as the primary care practitioner. It represents the only text that provides this up to date information about a subject that is continually changing. For the primary practitioner, information on the guidelines for screening as well as increasing patient participation is presented. For the subspecialist, information regarding the latest imaging techniques as well as flat adenomas and chromoendoscopy are covered. The section on the molecular changes in CRC will appeal to both groups. The text includes up to date information about colorectal screening that encompasses the entire spectrum of the topic and features photographs of polyps as well as
diagrams of the morphology of polyps as well as photographs of CT colonography images. Algorithms are presented for all the suggested guidelines. Chapters are devoted to patient participation in screening and risk factors as well as new imaging technology. This useful volume explains the rationale behind screening for CRC. In addition, it covers the different screening options as well as the performance characteristics, when available in the literature, for each test. This volume will be used by the sub specialists who perform screening tests as well as primary care practitioners who refer patients to be screened for colorectal cancer.

Product 15-1009

Updated to reflect the new 2005 emergency cardiovascular care guidelines! Popular author, Barbara Aehlert, incorporates both prehospital and hospital management of pediatric emergencies. In a concise, easy-to-read outline format, it provides the most essential information a provider needs. It is also the approved text for the American Safety & Health Institute's (ASHI) pediatric advanced life support course. For more information on ASHI courses, call 800-246-5101 or visit www.ashinstitute.org. Instructor resources available; contact your sales representative for details. An outline format featuring bulleted lists, concise tables, and a user-friendly writing style makes this comprehensive text incredibly easy to read and understand. A Pretest and a Posttest consisting of multiple choice, true/false, fill in the blank, and essay questions tests readers' overall comprehension of the material. Updated to reflect the new 2005 emergency cardiovascular care guidelines. PALS Pearl Boxes help readers apply information covered in the text to real-life clinical situations. Sidebars contain additional information relevant to the topics covered in the chapter, giving readers an opportunity for further learning. A laminated quick reference card gives practitioners easy access to critical information in the field or hospital. This convenient card includes essential information regarding respiratory and heart rates, blood pressure, basic life support interventions, Glasgow Coma Scale, airway size and equipment selection for intubation corresponding to the Broselow Resuscitation Tape, several pediatric algorithms, and pain assessment tools.

"The goal of this practice guideline is to improve the quality of care and treatment outcomes for patients with schizophrenia. The guideline aims to help clinicians optimize care for their patients by providing evidence-based statements that are intended to enhance knowledge and increase the appropriate use of evidence-based pharmacological and nonpharmacological treatments for schizophrenia. In addition, it includes statements related to assessment and treatment planning, which are an integral part of patient-centered care"--

20-1119

Since the late 1950s, revolutionary developments in and the potential future of emergency opments of basic knowledge, techniques, resuscitation. This meeting was initiated by teaching, and practice of cardiopulmonary resuscitation (CPR) have resulted in the saving of uncountable lives from conditions that as host. previously led to certain death. The 1950s The Program Committee invited primarily clinician-scientists from the United States, brought breakthroughs in respiratory resuscitation, the 1960s, breakthroughs in cardiac solicited synopsis papers and predistributed resuscitation, and the 1970s have begun to the 37 papers selected to the participants. We were spared formal paper presentations and show breakthroughs in resuscitation of the thus could devote ourselves to two full days arrested brain. Mobilization of large-scale public involve of informal, stimulating, provocative disc ment in life-saving efforts is essential. But the sions. This led to cross-fertilization of ideas challenges and opportunities of implementing among individuals with different specialty backgrounds.

Product 15-2805

Since its revolutionary first edition in 1983, Rosen's Emergency Medicine set the standard for reliable, accessible, and comprehensive information to guide the clinical practice of emergency medicine. Generations of emergency medicine residents and practitioners have relied on Rosen's as the source for current information across the spectrum of emergency medicine practice. The 9th Edition continues this tradition of excellence, offering the unparalleled clarity and authority you've come to expect from the
award-winning leader in the field. Throughout the text, content is now more concise, clinically relevant, and accessible than ever before - meeting the needs of today's increasingly busy emergency medicine practitioner. Delivers clear, precise information, focused writing and references; relevant, concise information; and generous use of illustrations provide definitive guidance for every emergency situation. Offers the most immediately relevant content of any emergency medicine reference, providing diagnostic and treatment recommendations with clear indications and preferred actions. Presents the expertise and knowledge of a new generation of editors, who bring fresh insights and new perspectives to the table. Includes more than 550 new figures, including new anatomy drawings, new graphs and algorithms, and new photos. Provides diligently updated content throughout, based on only the most recent and relevant medical literature. Provides improved organization in sections to enhance navigation and six new chapters: Airway Management for the Pediatric Patient; Procedural Sedation and Analgesia for the Pediatric Patient; Drug Therapy for the Pediatric Patient; Co-Morbid Medical Emergencies During Pregnancy; Drug Therapy in the Geriatric Patient; and Global and Humanitarian Emergency Medicine.

MGH Cardiology Board Review is intended for physicians studying for the Cardiology Board Examination (Initial Certification or Re-certification) and for any busy practitioners who would like to review high-yield cardiology such as those in cardiology, emergency medicine, internal medicine, family practice, or even surgery. Designed for those on the go, each section is meant to be completed in 30 minutes; and at 30 minutes a day, the reader will have a complete overview of up-to-date information in 30 days. Each section has a concise didactic followed by a questions section with an identical format to the Cardiovascular Board Examination of the American Board of Internal Medicine. This book is from the Massachusetts General Hospital’s Cardiology Division, one of the most respected cardiology programs in the world and is its first Cardiology review book.

A n in-depth review by leading authorities of the latest therapies and techniques for rescuing persons in cardiac arrest. The authors explore the physiology behind current state-of-the-art clinical resuscitation and translate it into practical bedside recommendations, clinical tips, and expert techniques. Topics of interest include the epidemiology of sudden death, management of ventilation, chest compression technique training, public access defibrillation, drug delivery during CPR, the latest drug therapies, and cardiac arrest in disease, pregnancy, drowning, lightning strike, and trauma. The authors also review the major ongoing research in resuscitation science that will likely affect the next set of international resuscitation guidelines.

The Father of Spin is the first full-length biography of the legendary Edward L. Bernays, who, beginning in the 1920s, was one of the first and most successful practitioners of the art of public relations. In this engrossing biography, Larry Tye uses Bernays's life as a prism to understand the evolution of the craft of public relations and how it came to play such a critical-and sometimes insidious-role in American life. Drawing on interviews with primary sources and voluminous private papers, Tye presents a fascinating and revealing portrait of the man who, more than any other, defined and personified public relations, a profession that today helps shape our political discourse and define our commercial choices.

The gold-standard guide from the AAP and ACOG -- newly updated and more valuable than ever! Significantly revised and updated, the new 8th edition of this bestselling manual provides the latest recommendations on quality care of pregnant women, their fetuses, and their newborn infants. Jointly developed by the American Academy of Pediatrics (AAP) and American College of Obstetricians and Gynecologists (ACOG), this unique resource addresses the full spectrum of perinatal medicine from both the obstetric and pediatric standpoints. New in the 8th edition: New section on suggested levels of maternal care from birth centers to Level IV institutions New sections on screening for preterm delivery risk added to chapter on antepartum care New topics covered include the timing of cord clamping, the need (or not) for bedrest, and updates in hypertension Guidance regarding postpartum contraception recommendations has been expanded New section on mosquito-borne illnesses (including Zika) New section on infections with high-risk infection control issues Updated recommendations on neonatal resuscitation, screening and management of hyperbilirubinemia, and neonatal drug withdrawal.
Emergency Medical Services (EMS) is a critical component of our nation's emergency and trauma care system, providing response and medical transport to millions of sick and injured Americans each year. At its best, EMS is a crucial link to survival in the chain of care, but within the last several years, complex problems facing the emergency care system have emerged. Press coverage has highlighted instances of slow EMS response times, ambulance diversions, trauma center closures, and ground and air medical crashes. This heightened public awareness of problems that have been building over time has underscored the need for a review of the U.S. emergency care system. Emergency Medical Services provides the first comprehensive study on this topic. This new book examines the operational structure of EMS by presenting an in-depth analysis of the current organization, delivery, and financing of these types of services and systems. By addressing its strengths, limitations, and future challenges this book draws upon a range of concerns: • The evolving role of EMS as an integral component of the overall health care system. • EMS system planning, preparedness, and coordination at the federal, state, and local levels. • EMS funding and infrastructure investments. • EMS workforce trends and professional education. • EMS research priorities and funding. Emergency Medical Services is one of three books in the Future of Emergency Care series. This book will be of particular interest to emergency care providers, professional organizations, and policy makers looking to address the deficiencies in emergency care systems.

1 copy of the Basic Life Support (BLS) For Healthcare Providers Instructor Manual (90-1036), 1 Basic Life Support (BLS) For Healthcare Providers Course And Renewal Course DVD (90-1035), 1 copy of the Basic Life Support (BLS) For Healthcare Providers Student Manual (90-1038), and 1 American Heart Association Stopwatch (90-1509).

This book offers a thorough revision and update to the first landmark book that presented a standardized approach to focused point-of-care ultrasound exams of the abdomen, thorax, musculoskeletal and eye in veterinary practice. Now incorporating new applications for focused ultrasound exams and additional species, this Second Edition continues to be a state-of-the-art reference for using abbreviated ultrasound exams in clinical practice. A companion website features supplementary video clips of these point-of-care techniques depicting actual ultrasound exams for comparison and comprehension. New chapters in Point-of-Care Ultrasound Techniques for the Small Animal Practitioner, Second Edition cover ultrasound-guided nerve blocks, musculoskeletal, brain imaging, and applications of focused ultrasound techniques in cats, exotics and marine mammals—making it an essential purchase for veterinarians wanting to incorporate point-of-care ultrasound techniques into their veterinary practices. Presents a standardized approach to point-of-care ultrasound as an extension of the physical exam, including trauma, non-trauma, and monitoring applications Includes coverage of new techniques for focused ultrasound exams, including lung, anesthesia and ultrasound guided nerve blocks, transcranial brain imaging, musculoskeletal, volume status evaluation, and rapid assessment for treatable forms of shock Adds cats, exotic and wildlife mammals, and marine mammals to the existing canine coverage Emphasizes the integration of point-of-care ultrasound techniques for optimizing patient care and accurate patient assessment Offers access to a companion website with supplementary video clips showing many clinically relevant didactic examples The second edition of Point-of-Care Ultrasound Techniques for the Small Animal Practitioner is an excellent resource for veterinary practitioners, ranging from the general practitioner to nearly all clinical specialists, including internal medicine, oncology, cardiology, emergency and critical care, anesthesiology, ophthalmology, exotics, and zoo medicine specialists, and veterinary students.

A possible life-saving reference to keep around the house or in the car, DK's First Aid Manual looks at more than 100 different conditions, from splinters and sprained ankles to strokes and unconsciousness, and shows exactly what to do with step-by-step photographic sequences. Every condition is clearly explained, outlining causes, symptoms, and signs, and action plans. The updated design makes the instructions easier to follow, whether you need information on emergency first aid, first aid for babies and children, or tips on resuscitation. This ACEP First Aid Manual is an invaluable resource to keep you and your loved ones safe and healthy.

This monograph presents the most recent experience and in- formation concerning ICD-Therapy:
indications, technical aspects of this new pacemaker generation problems/side-effects, surgical implications; cost-effectiveness discussion is included.

The Save a Life Initiative has just released its newest course: Pediatric Advanced Life Support (PALS). This manual is based on the 2020 Pediatric Advanced Life Support guidelines published by the International Liaison Committee on Resuscitation. The Pediatric Advanced Life Support (PALS) Provider Handbook is a comprehensive resource intended for health care professionals currently enrolled in a Pediatric Advanced Life Support Certification or Recertification Course. It serves as the primary training material for PALS Certification and Recertification courses. Although it is primarily intended for use during certification courses, the handbook was also created to serve as daily reference material for health care professionals. Information covered in the handbook includes EKG and electrical therapy review, pediatric respiratory failure, and more. Specific PALS Algorithms and more are also included within the handbook. All material included in this handbook is delivered in a manner meant to enhance learning in the most comprehensive and convenient way possible. Download our eBooks FREE at https://nhcps.com/free-ebooks-download

Coronary heart disease (CHD) is the leading cause of death worldwide. Cardioprotection refers to the prevention of CHD and the clinical improvement in patients suffering from cardiovascular problems.

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