Theories Of Psychotherapy Counseling Concepts And Cases 5th Edition | 59fd69e9172dc900a32f97fe5dbe3765

Islamic Counselling

Comprehensive in scope yet succinct in its descriptions and explanations, THEORIES OF PSYCHOTHERAPY & COUNSELING: Concepts and Cases offers students a solid understanding of the systematic theories of psychotherapy and counseling. Proven author and professor Dr. Sharif delivers a thorough explanation of concepts as well as insightful case summaries and therapist-client dialogue that illustrate techniques and treatment in practice. He demonstrates how theories can be applied to individual therapy or counseling for common psychological disorders—as depression and generalized anxiety disorders—as well as how to apply them to group therapy. A final chapter compares and critiques each of the theories. For the major theories presented in the text, basic information about background, personality theory, and theory of therapy provides a means for understanding the application of psychotherapy theory. Insight into the personal life and philosophical influences of a theorist also helps explain how the theorist views human behavior. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Theories of Counseling and Psychotherapy

One of the first books in the field of counseling to use a competency-based approach for teaching counseling and psychotherapy theories, Gehart’s text is designed to teach the skills and knowledge outlined in current CACREP Standards. Featuring state-of-the-art, outcomes-based pedagogy, the text introduces counseling and psychotherapy theories using theory-informed case conceptualization as well as treatment planning. Assignments empower students to apply theoretical concepts and develop real-world skills as early as possible in their training, resulting in greater mastery of the material. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Theoretical Models of Counseling and Psychotherapy

Islamic counselling is a form of counselling which incorporates spirituality into the therapeutic process. Until now there has been little material available on the subject with no one agreed definition of Islamic counselling and what it involves. There has also been a rapidly growing population of Muslims in Western societies with a corresponding rise in need of psychological and counselling services. Islamic Counselling: An Introduction to theory and practice presents a basic understanding of Islamic counselling for counsellors and Islamic counsellors, and provides an understanding of counselling approaches congruent with Islamic beliefs and practices from a faith-based perspective. The book is designed as an introduction for counsellors, its goal is to inform the reader about how the diverse roles of the Islamic counsellor fit together in a comprehensive way and to provide the guidelines that can be potentially integrated into a theoretical framework for use. The book is divided into two parts. Section one: Context and Background, and Section two: Assessment, Models and Intervention Strategies. Islamic Counselling encompasses both current theory, research and an awareness of the practice implications in delivering appropriate and effective counselling interventions with Muslim clients. It will be essential reading for both professionals and students alike.

Theory and Practice of Addiction Counseling

Contemporary Theories in Counseling and Psychotherapy provides readers with a comprehensive introduction to cutting-edge therapeutic approaches that are widely revered and used, but generally not included within traditional counseling theories textbooks. Readers learn theories that will not only keep their knowledge current in an evolving field, but also will help to improve and support the ongoing development of their personal practice. The text features contributed chapters written by scholars in the discipline that cover the following contemporary theories: contemporary psychodynamic therapy (CPT); contemporary person-centered counseling (CPCC); cognitive behavioral therapy (CBT); integrative post-modern therapy (IPMT); narrative, solution-focused, relational-cultural; dialectical behavior therapy (DBT); acceptance and commitment therapy (ACT); motivational interviewing (MI); positive counseling: neurocounseling (including EMDR); and complementary, alternative, and integrative modalities (CAM). Each chapter presents the history of the theory, critical views of human nature, key concepts, techniques, and an overview of the counseling process. Social and cultural issues and the efficacy of each theory are discussed. Each chapter concludes with a vignette that demonstrates a client experiencing the counseling approach, followed by questions to pique students’ interest. Video demonstrations of select theories are included. A thoroughly modern and critical resource, Contemporary Theories in Counseling and Psychotherapy is ideal for courses focusing on current theories of counseling and psychotherapy. It’s also an excellent supplementary resource for courses on classical theories of psychotherapy. Dr. Edward Neukrug is a professor of counseling and human services at Old Dominion University. A licensed professional counselor and licensed psychologist, he has experience in outpatient therapy, crisis counseling, substance abuse counseling, couples and family counseling, private practice, and as a school counselor. Dr. Neukrug is a nationally known author, presenter, and researcher. He was granted ACA Fellow status by the American Counseling Association in 2019. Dr. Neukrug is the author of eleven books: The Dictionary of Counseling and Human Services, Skills and Techniques for Human Service Professionals; Counseling Theory and Practice (2nd ed.); The World of the Counselor (3rd ed.); Experiencing the World of the Counselor: A Workbook for Counselor Educators and Students (4th ed.); and Essentials of Testing and Assessment for Counselors, Social Workers, and Psychologists (3rd ed.); A Brief Orientation to Counseling: Professional Identity, History, and Standards (2nd ed.); Skills and Tools for Today’s Counselors and Psychotherapists; Counseling and
Helping Skills: Critical Techniques for Becoming a Counselor; and Sage Encyclopedia of Theory in Counseling and Psychotherapy (editor).

Student Manual for Theories of Psychotherapy & Counseling

This book is an authoritative introduction to everything you need to know to become a professional therapist. It takes you through the entire therapeutic process, introducing the theory and applying it to real-life practice. Drawing on years of experience as a counselling practitioner and researcher, Andrew Reeves links counselling and psychotherapy theory to the development of appropriate skills, and locates it within the context of therapeutic practice today. Engagingly and accessibly written, the book is packed with learning features including Chapter Overviews, Summaries and a Glossary - helping you navigate the book and get the most out of it. Discussion Points, 'Skills Practice' and 'Pause for Reflection' sections, helping you critically engage with and reflect on what you have learned. Case Studies and scenarios, helping you apply key ideas in practice across settings and modalities. Indicated Further Reading and Important Websites - supporting your continued learning. This groundbreaking textbook represents a benchmark in understanding - and applying - the principles and practice of counselling and psychotherapy. It's accompanied by a companion website featuring a wealth of chapter-by-chapter resources for both students and lecturers to use alongside the book. From extended case studies through to web resources, links and PowerPoint presentations, these extra resources will help aid and enhance your learning and understanding. Andrew Reeves is a counsellor at the University of Liverpool and Editor of Counselling and Psychotherapy Research journal.

Contemporary Theories in Counseling and Psychotherapy

A must-read for counselors in training, Sharf's APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, 6th Edition, shows you how to apply the principles of career development to a variety of counseling settings. This book is clearly written, filled with useful case examples, and includes integrated diversity coverage to give you the advantage in your course and your career. You'll find information about websites on internships, education, counseling organizations, and jobs. The book's Companion Website provides case studies, tutorial quizzes, and relevant links. Available with InfoTrac Student Collections http://gocengage.com/infotrac. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Counseling Theories

"This book provides a very good introduction to the key concepts and theories that inform and frame the current psychotherapeutic and counselling landscape. Each author has written on a selection of basic concepts as they are approached in their preferred therapeutic modality, resulting in an exciting and inclusive overview of both old and contemporary psychotherapeutic thought. In addition, each author is mindful of the importance of a critical approach to the various concepts and theories. Thus, this book will be extremely useful both for trainees and practitioners." Dr Anastasios Gaitanidis, Senior Lecturer, University of Roehampton, London, UK "As well as being an invaluable source of knowledge about all aspects of counselling and psychotherapy, this book is a real pleasure to read. The authors have been able to capture the essence of ideas, traditions and key figures in a way that is accessible and a consistent source of delight and illumination. Highly recommended for anyone wishing to expand their psychotherapeutic horizons." John McLeod, Emeritus Professor of Counselling, University of Abertay Dundee, UK "This book does what it says on the tin, it highlights the key concepts and theories in the field of counselling and psychotherapy. It is a systematic and encyclopaedic voyage of all the central constructs in the field. It is very well written, snappy and thorough, but more important, it serves a vital need of putting in one place all the theories and concepts needed by anyone interested in counselling and psychotherapy." Cary L. Cooper, CBE, Professor of Organizational Psychology and Health, Lancaster University, UK and President of BACP "This is an invaluable guide for anyone wanting easily accessible information about counselling theory and practice. It will be as useful to trainees sitting as counsellors, as to experienced practitioners wanting to update their knowledge on the latest thinking." Tim Bond, University of Bristol, UK This helpful book offers a concise overview of core concepts within the four dominant approaches to counselling and psychotherapy: psychodynamic, humanistic-existential, cognitive behavioural and integrative. The book aims to assist you in developing your critical thinking and essay writing skills and includes: Over 140 entries, each between 500 and 1200 words Critical and engaging discussions of core concepts Biographical sketches of leading theorists, including: Freud, Jung and Rogers Using the popular alphabetical format, Key Concepts in Counselling and Psychotherapy is an ideal first source for students with an essay on counselling theory to write, a case study to analyse, a belief or assumption to challenge, or a question to explore. It will also appeal to practitioners or academics wanting to refresh their knowledge of theory and research.

Theories of Psychotherapy & Counseling: Concepts and Cases

Pragmatic Existential Counseling and Psychotherapy integrates concepts of positive psychology and strengths based therapy into existential therapy. Turning existential therapy on its head, this exciting, all-new title approaches the theory from a positive, rather than the traditional deficit model. Authored by a leading figure in existential therapy, Jerrold Lee Shapiro, the aim is to make existential therapy positive and easily accessible to a wide audience through a pragmatic, stage wise model. Shapiro expands on the work of Viktor Frankl and focuses on delivery to individuals and groups, men and women, and evidence based therapy. The key to his work is to help the client focus on resistance and to use it as a means of achieving therapeutic breakthroughs. Filled with vignettes and rich case examples, the book is comprehensive, accessible, concrete, pragmatic and very human in connection between author and reader. "This is a masterful primer on existential therapy that has been forged from the pen of a highly seasoned theorist, researcher, and practitioner. In Pragmatic Existential Counseling and Psychotherapy we gain the insight and personal experience of one who has lived and breathed the field for over 30 years—alongside some of the greatest practitioners of the craft, most notably Viktor Frankl. This volume is superb for students interested in a broad and substantive overview of the field." —Kirk Schneider, Columbia University

Counselling with Reality Therapy

This text provides a comprehensive overview of a variety of major counseling theories and focuses on the integration of different theoretical models. Appropriate for advanced undergraduates and graduate students, it offers a detailed description of the philosophical basis for each theory, along with historical context and a biography of the founder. Each chapter follows a similar format and explores the main features of the theory, including its approach to and ideas on personality development, human nature, the role of environment, the change process in therapy, and contributions and limitations to the mental health field. Theory-specific information on diagnosis, psychopharmacology, multicultural issues, spirituality, and gender issues is also discussed. These features will provide students with a deeper and more complete understanding of counseling theory than is available in any single resource and allow them to easily bridge classroom study to their future practice. This second edition of the text has been completely updated and includes more case examples, as well as a new chapter on Constructivist approaches. An online instructor's manual with student resources is available and offers material to enhance the pedagogical features of the text.
Theory and Practice of Counseling and Psychotherapy

Featuring important theories and trends not covered in other foundational texts, this book is designed to give the next generation of counselors the tools they need for understanding the core dimensions of the helping relationship. Topical experts provide contemporary information and insight on the following theories: psychoanalytic, Jungian, Adlerian, existential, person-centered, Gestalt, cognitive behavior, dialectical behavior, rational emotive behavior, reality therapy/choice theory, family, feminist, transpersonal, and—new to this edition—solution-focused and narrative therapies, as well as creative approaches to counseling. Each theory is discussed from the perspective of historical background, human nature, major constructs, applications, the change process, traditional and brief intervention strategies, cross-cultural considerations, and limitations. The use of a consistent case study across chapters reinforces the differences between theories. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org


Using case studies, applied examples, original source material, and her own inimitable pedagogical style, Nancy Murdock succinctly elucidates fifteen of the most influential and ground-breaking theories of psychotherapy and counseling. With this articulate guide to counseling theory, students will grasp complicated historical footing and uses of each, but will learn how these theories have informed each other and contributed to modern practice, while applying it to their own professional counseling experience. Examining the historical roots, evaluations, and lasting effects of Existential, Gestalt, Behavior, Cognitive, Reality, Feminist, Family, Narrative, and Solution-Focused Therapy and much more, this text equips students with the history and application necessary to bring theory to life. Note: this is the standalone book.

A Comprehensive Guide to Addiction Theory and Counseling Techniques

In this edited casebook, therapists identified with major theoretical approaches demonstrate how they use the Adaptive Counselling and Therapy ACT Model in combination with their preferred theoretical perspective. Differences in each therapist's tone and approach are captured in six case chapters. Weaving the integrative thread of ACT throughout the tapestry of cases, this text combines illustrative material from specific theoretical approaches.; A major focus of the volume involves combining ACT with Cognitive Behaviour Therapy, Humanistic Psychotherapy, Systems Theory, Time-Limited Psychodynamic Counselling and Eclectic Counselling for women and men.; Serving as a text for graduate-level methods and theory courses in counselling, psychology, mental health counselling and counseling guidance, this book can also be used as a resource for practitioners in the same areas. It emphasizes tasks, readiness, and adapting therapist behaviour and treatments to each client.

Making Sense Together

Organized around the latest CACREP standards, Counseling Theory: Guiding Reflective Practice, by Richard D. Parsons and Najijian Zhang, presents theory as an essential component to both counselor identity formation and professional practice. Drawing on the contributions of current practitioners, the text uses both classical and cutting-edge theoretical models of change as lenses for processing client information and developing case conceptualizations and intervention plans. Each chapter provides a snapshot of a particular theory/approach and the major thinkers associated with each theory as well as case illustrations and guided practice exercises to help readers internalize the content presented and apply it to their own development as counselors.

Theories of Counseling and Psychotherapy

Case examples and therapist-client dialogues show how each of 12 major theories can be applied to common psychological disorders (such as depression, anxiety, and borderline disorders) or to modes of treatment (such as individual, couples, families, and groups). Each theory chapter follows a similar organizational scheme, covering goals, assessment, the therapeutic relationship, techniques, research, current trends, time-limited approaches, and multicultural and gender issues. Comparison, critique, and theoretical integration are provided in the final chapter.

How Therapists Act

A blend of theory and counseling techniques, this comprehensive text provides readers with an overview of several major counseling theories and their application to substance use disorders and addiction counseling, along with related techniques and interventions. Chapters incorporate cutting edge evidenced-based research on neuroscience, psychological and sociocultural theories explaining the biopsychosocial influences of substance use disorders, and examine how substance use disorder risk factors can be utilized when assessing someone who may have a substance use disorder. The text additionally helps apply theory to practice, offering intervention techniques and using accessible case studies. Throughout the text, highlighted learning opportunities and key terms further help students to practice and apply the theories, interventions and techniques that the book discusses. Mental health professionals, undergraduate and graduate students alike will benefit from this deft mix of prominent theory, innovative research and accessible case studies.

Handbook of Motivational Counseling

For Theories of Counseling and Psychotherapy courses. This practical text provides clear, succinct coverage of the core concepts of all of the major contemporary theories of counseling and psychotherapy, including separate chapters on solution-focused and on feminist theory. Each theory chapter begins by discussing the major theorist or theorists responsible for the theory. The chapters then examine how the theory views (1) human nature, (2) the role of the therapist in counseling, and (3) the therapeutic process and techniques. Chapters then present an evaluation of the theory, including an assessment of multicultural and gender issues. Then each chapter concludes by applying the theory to a single case-the case of Linda-that is used across all of the chapters. The text is ideal for instructors who want to give their students a clear understanding of theories' essential concepts and applications.

Counseling and Psychotherapy
Gain confidence and creativity in your family therapy interventions with new, up-to-date research! Basic Concepts in Family Therapy: An Introductory Text, Second Edition, presents twenty-two basic psychological concepts that therapists may use to understand clients and provide successful services to them. Each chapter focuses on a single concept using material from family therapy literature, basic psychological and clinical research studies, and cross-cultural research studies. Basic Concepts in Family Therapy is particularly useful to therapists working in a family context with child- or adolescent-referred problems, and for students and clinicians treating the problems they see every day in their community. The book builds on the strengths of the first edition, incorporating ideas and articles that have become worthy of investigating since 1990 into the original text. This new edition also introduces five new chapters on resiliency and poverty, adoption, chronic illness, spirituality and religion, and parenting strategies. The new chapters make the book far more relevant for students and clinicians trying to use family theory and technique in response to the problems they see in their communities. Basic Concepts in Family Therapy will assist you in offering clients better services by providing a deeper understanding of the contemporary family in its various forms, the psychological bonds that shape all families, and the developmental stages of the family life cycle. This exploration of how family demography, stages and life cycles affect family functions is a solid foundation for which all of the therapeutic concepts in this book can be explored. Some of the facets of family therapy you will explore in Basic Concepts in Family Therapy are: the importance of spirituality and religion in family therapy, generational boundaries, closeness, and role behaviors managing a family's emotions defining problems and generating and evaluating possible solutions teaching children specific attitudes, values, social skills, and norms transracial adoptions and normative processes and developmental issues of adoptive parents strategies for reducing conflict . . . and much more! Basic Concepts in Family Therapy will help to broaden your understanding of the ways families function in general. You can use the effective concepts and tools explored in this text to make a thorough assessment of the impact of a disorder on a child and on the rest of his or her family, as well as how family dynamics might have shaped or exacerbated the problems. The concepts described in this text can be customized to clients' cultural values to avoid unnecessary resistance. As a new therapist, you will gain confidence in your assessments, and if you are already a seasoned professional, you will gain creativity in your interventions.

Theories of Psychotherapy & Counseling: Concepts and Cases

"Reality Therapy" is a cognitive behavioural therapy method that continues to grow in popularity as a therapeutic approach owing to its wide applicability, its highly practical and interactive methodology, and its actual track record in counseling and helping people. This book forms an easy-to-use introduction to this approach and includes: a discussion of the concepts behind reality therapy, choice theory, the counseling environment, procedures and special applications; information on how this approach has a wide application, including developing responsibility, motivation, self-esteem, improving relationships, dealing with discipline and problems and addictions; details of how this technique can be used in schools, by the probation service, in prisons, at work, within clinics and the health service and in many other areas where counseling is necessary.

The SAGE Encyclopedia of Theory in Counseling and Psychotherapy

Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Pragmatic Existential Counseling and Psychotherapy

Handbook of Psychotherapy Case Formulation, Second Edition

Motivation is a pervasive force that can affect well-being in a variety of life situations, from the more minor through to the ability to overcome addictions and other serious psychological problems. This book presents empirically supported theories (featuring current concerns theory), questionnaires based on these theories (highlighting the Motivational Structure Questionnaire) and varied interventions based on these, with special emphasis on Systematic Motivational Counseling but also including chapters on such approaches as Personality Systems Interaction Theory, expectancy-based approaches, Motivational Interviewing, logotherapy and several others.

Theories of Psychotherapy and Counseling

Theory and Practice of Addiction Counseling by Pamela S. Lassiter and John R. Culbreth brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study. Theories covered include motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. Each chapter focuses on a single theory, describing its basic tenets, philosophical underpinnings, key concepts, and strengths and weaknesses. Each chapter also shows how practitioners using the theory would respond to a common case study, giving readers the opportunity to compare how the different theoretical approaches are applied to client situations. A final chapter discusses approaches to relapse prevention.

Student Manual for Theory of Psychotherapy & Counseling

This book presents essential background necessary for understanding the role of theory in psychotherapy practice, and shows how understanding psychotherapy theory is the first step to becoming an effective therapist. The author provides a thorough but concise overview of the history of psychotherapy, the evolution of psychotherapy theories, and research on the effectiveness of various psychotherapies in general practice and for treatment of specific common disorders. The book is an accessible, handy resource for students training to be psychotherapists and practitioners seeking to reevaluate theories and corresponding therapies. As the foundational book in the Theories of Psychotherapy Series, this title may be read first or in combination with other books in the series to establish a thorough understanding of psychotherapy and its variants. This updated second edition incorporates new developments in theory and research, new approaches including advances in culturally sensitive therapy, and updates in the classification of mental illness.
Theory and Treatment Planning in Counseling and Psychotherapy

Comprehensive in scope yet succinct in its descriptions and explanations, THEORIES OF PSYCHOTHERAPY & COUNSELING: CONCEPTS AND CASES, 5e equips readers with a solid understanding of the systematic theories of psychotherapy and counseling. The text delivers a thorough explanation of concepts as well as insightful case summaries and therapist-client dialogue that illustrate techniques and treatment in practice. It demonstrates how theories can be applied to individual therapy or counseling for common psychological disorders—such as depression and generalized anxiety disorders—as well as how to apply them to group therapy.

Counseling and Psychotherapy Theories in Context and Practice

Comprehensive in scope yet succinct in its descriptions and explanations, THEORIES OF PSYCHOTHERAPY & COUNSELING: CONCEPTS AND CASES, 5e equips students with a solid understanding of the systematic theories of psychotherapy and counseling. Proven author and professor Dr. Sharf delivers a thorough explanation of concepts as well as insightful case summaries and therapist-client dialogue that illustrate techniques and treatment in practice. He demonstrates how theories can be applied to individual therapy or counseling for common psychological disorders—such as depression and generalized anxiety disorders—as well as how to apply them to group therapy. A final chapter compares and critiques each of the theories. For the major theories presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a means for understanding the application of psychotherapy theory. Insight into the personal life and philosophical influences of a theorist also helps explain how the theorist views human behavior. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Theory and Practice of Counseling and Psychotherapy


Counseling Theory

Contemporary Theory and Practice in Counseling and Psychotherapy by Howard E. A. Tinsley, Suzanne H. Lease, and Noelle S. Giffin Wiersma is a comprehensive, topically arranged text that provides a contemporary account of counseling theories as practiced by internationally acclaimed experts in the field. Each chapter covers the way mindfulness, strengths-based positive psychology, and the common factors model is integrated into the theory. A special emphasis on evidence-based practice helps readers prepare for their work in the field.

Cengage Advantage Books: Theories of Psychotherapy and Counseling

This breakthrough edition of Theories of Counseling and Psychotherapy: An Integrative Approach, by Elsie Jones-Smith, sets a new standard in counseling theories books. The Second Edition goes beyond expert coverage of traditional and social constructivist theories with coverage of more contemporary approaches to psychotherapy, including individual chapters on spirituality and psychotherapy, strengths-based therapy, neuroscience and neuropsychotherapy, motivational interviewing, and the expressive arts therapies. In every chapter, the case study of a preadolescent boy demonstrates how each theory can be applied in psychotherapy. Up to date and easy to read, the book engages readers with inner reflection questions that help them apply the theories to the lives of their clients and shows them how to develop their own integrative approach to psychotherapy.

Applying Career Development Theory to Counseling

Apply the major psychotherapy theories into practice with this comprehensive text Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques, 2nd Edition is an in-depth guide that provides useful learning aids, instructions for ongoing assessment, and valuable case studies. More than just a reference, this approachable resource highlights practical applications of theoretical concepts, covering both theory and technique with one text. Easy to read and with engaging information that has been recently revised to align with the latest in industry best practices, this book is the perfect resource for graduate level counseling theory courses in counselor education, marriage and family therapy, counseling psychology, and clinical psychology. Included with each copy of the text is an access code to the online Video Resource Center (VRC). The VRC features eleven videos—one each covering a different therapeutic approach using real therapists and clients, not actors. These videos provide a perfect complement to the book by showing what the different theories look like in practice. The Second Edition features: New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy Extended case examples in each of the twelve Theory chapters A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment Deeper and more continuous examination of gender and cultural issues An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence Showcasing the latest research, theory, and evidence-based practice in an engaging and relatable style, Counseling and Psychotherapy Theories in Context and Practice is an illuminating text with outstanding practical value.

Theories of Psychotherapy & Counseling

This indispensable practitioner guide and text serves as a comprehensive primer on case formulation within all of the major therapeutic approaches. Prominent experts offer step-by-step guidelines for developing strong formulations and putting them to use in day-to-day practice. The chapters follow a standard format to allow comparison across models. Coverage includes the conceptual and empirical underpinnings of each approach, the relationship of case formulation to therapeutic technique, issues in treating clients from different backgrounds and with different types of presenting problems, and training resources. Illustrative case material and user-friendly examples of completed formulations are featured throughout.
The fourth edition of this well-respected text, first published in 1979, is a timely and thorough revision of the existing material. Group Counseling has done well over the years, due in large part to its comprehensive history of group work as a counseling specialty, the practical nature of the authors' explanations, the diversity of sources the authors draw upon, and the international acclaim of Dr. Landreth's work on play and filial therapy. This text will provide both novice and experienced counselors with a framework from which to expand their group counseling skills and knowledge.

Group Counseling: Concepts and Procedures Fourth Edition

Comprehensive in scope yet succinct in its descriptions and explanations, THEORIES OF PSYCHOTHERAPY & COUNSELING: CONCEPTS AND CASES, 5e equips students with a solid understanding of the systematic theories of psychotherapy and counseling. Proven author and professor Dr. Sharf delivers a thorough explanation of concepts as well as insightful case summaries and therapist-client dialogue that illustrate techniques and treatment in practice. He demonstrates how theories can be applied to individual therapy or counseling for common psychological disorders--such as depression and generalized anxiety disorders--as well as how to apply them to group therapy. A final chapter compares and critiques each of the theories. For the major theories presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a means for understanding the application of psychotherapy theory. Insight into the personal life and philosophical influences of a theorist also helps explain how the theorist views human behavior. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Theories of Psychotherapy & Counseling: Concepts and Cases

The SAGE Encyclopedia of Theory in Counseling and Psychotherapy is a two-volume source that traces theory and examines the beginnings of counseling and psychotherapy all the way to current trends and movements. This reference work draws together a team of international scholars that examine the global landscape of all the key counseling and psychotherapy theories and the theorists behind them while presenting them in context needed to understand their strengths and weaknesses. This is a quick, one-stop source that gives the reader the "who, what, where, how, and why" of contemporary counseling and psychotherapy theory. From historical context in which the theories were developed to the theoretical underpinnings which drive the theories, this reference encyclopedia has detailed and relevant information for all individuals interested in this subject matter. Features & Benefits: Approximately 335 signed entries fill two volumes available in a choice of print or electronic formats. Back matter includes a Chronology of theory within the field of counseling to help students put individual theories within a broader context. A Master Bibliography and a Guide to Key books, journals, and organizations guide students to further resources beyond the encyclopedia. The Reader's Guide, a detailed Index and the Cross References combine for effective search-and-browse in the e-version and helps students take the next steps in their research journeys. This reference encyclopedia serves as an excellent source for any individual interested in the roots of contemporary counseling and psychotherapy theory. It is ideal for the public and professionals, as well as for students in counselor education programs especially those individuals who are pursuing a Masters level degree.

Theories and Applications of Counseling and Psychotherapy

Comprehensive in scope yet succinct in its description and explanation of individual theories, Sharf's book introduces students to the systematic theories. For each major theory presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a way for students to understand the application of the theory. Using case summaries and client-therapist dialogues, Sharf demonstrates how twelve theories can be applied to individual therapy and to common psychological disorders such as depression, anxiety, and borderline disorders. Sharf shows how each theory can be applied to work with groups. Sharf also describes how each theory can be applied to families, as well as providing a description of family systems theories in Chapter 13, Family Therapy.

Contemporary Theory and Practice in Counseling and Psychotherapy

Students work through case studies and answer multiple choice questions to learn important concepts. These concepts are also defined in each chapter of the manual.

Basic Concepts in Family Therapy

The Student Manual includes further case examples and multiple choice questions that put students in the role of therapist using the particular therapy under discussion. Chapters begin with pre-inventory sections that allow students to compare their views of therapy to the theory. The history of the theory is presented in outline format so students can summarize the most important influences on the theory or theorist. Significant terms are defined. The focus on the manual is on assessment, goals and techniques. Each chapter concludes with a 25-item quiz about the theory.

Theories of Psychotherapy & Counseling: Concepts and Cases

Peter Buirski argues that intersubjectivity is founded on two assumptions: First, our moment-by-moment experience of ourselves and the world emerges within a dynamic, fluid context of others; and, second, that we can never observe things as they exist in isolation.--Nancy McWilliams, Ph.D, Rutgers University "Clinical Social Work Journal"

An Introduction to Counselling and Psychotherapy

Theories of Counseling and Psychotherapy is also available packaged with the Enhanced Pearson eText. To order the Enhanced Pearson eText packaged with the bound book, use ISBN 0133388735. Note: The Enhanced Pearson eText package does not include MyCounselingLab. Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills offers an innovative look at emerging and well-established counseling theories. Organizing theories into four broad themes (Background, Emotions, Thoughts, and Actions), authors underscore key similarities and differences in each approach. Moving beyond a traditional theories book, chapters include skill development sections that connect counseling theories with clinical practice. Fully revised, this edition brings a stronger multicultural focus, includes over 400 new research references, and offers new activities to sharpen clinical understanding. Personalize learning with MyCounselingLab® MyCounselingLab is an online homework, tutorial, and assessment program
The Basics of Psychotherapy

Theories and Applications of Counseling and Psychotherapy provides students with the foundational knowledge needed to implement various therapeutic approaches in individual and family counseling. The dynamic author team of Earl J. Ginter, Gargi Roysircar Sodowsky, and Lawrence H. Gerstein presents theories through a multicultural and social justice-oriented lens, including evidence to support each theory. Students will embrace chapter concepts through vibrant illustrations and relevant examples from movies, TV shows, news articles, and other sources presented throughout.

Key Concepts In Counselling And Psychotherapy: A Critical A-Z Guide To Theory

Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips readers with a solid understanding of the systematic theories of psychotherapy and counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. Dr. Sharf demonstrates how to apply theories to individual therapy or counseling for common psychological disorders—such as depression and generalized anxiety disorders—as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory of psychotherapy to help readers understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of theorists helps explain how the theorists view human behavior. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.